



Compassionate Systems

Youth Council

~ the future lies with youth today ~



CENTER for
SYSTEMS AWARENESS

Who Are We?

The Youth Council is an international cohort of around 30 young leaders developing their capacities with the Compassionate Systems Framework and creating systems change within themselves and their own communities.

We facilitate virtual gatherings 3 times a month to provide a space to learn, reflect, and engage with youth people representing over 12 countries to meaningful impact systems and issues that matter to you.

Our Vision

We aspire to empower young leaders worldwide to engage in compassionate change processes that address global challenges. We believe that change initiatives that prioritize the future of young people can only be achieved by integrating their perspectives and experiences—voices that are too often overlooked with the ongoing conversations that shape the trajectory of society.

This is why we view young individuals as essential partners in learning and practicing Compassionate Systems. Together, we strive to tackle complex and pressing issues in our communities, fostering meaningful efforts that create lasting impact.

3 Pillars of Compassionate Systems

The 3 pillars—Inner Development and Well-Being, Relational Competencies, and Systems Awareness—are foundational for fostering compassionate leadership and meaningful change. We'll explore these themes within our virtual sessions through project-based work and shared collaboration.

Inner Development and Well-Being

- Staying grounded in the face of challenges
- Envisioning a better future for oneself and others
- Cultivating one's well-being as a continuous practice
- Recognizing and processing one's emotions

Relational Competencies

- Engaging in reflective conversations
- Listening deeply and holding space for others
- Cultivating compassion for one another
- Exploring disagreements with curiosity and kindness

Systems Awareness

- Grasping the interconnected nature of life
- Noticing how underlying structures shape behavior
- Recognizing archetypes of systems dynamics
- Engaging with complex social issues

Meet Your Facilitators!



I love creating programs in systems thinking, contemplation, and climate action to empower young leaders in a rapidly changing world.

I'm dedicated to youth leadership, systems thinking, and advocacy. I strive to create spaces for connection, equity, and meaningful change.



As a psychology student with a passion for creating generative educational spaces, I support youth in practicing useful skills to understand and change themselves and the world.

Meet Your Fellow Peers!

I've never felt pressured to show up in a specific capacity. everyone is always a good listener and takes the time to ask questions about my individual experiences. all my conversations felt genuine.



The youth council is a very welcoming group... The fact that every opinion matters makes me and my colleagues feel seen, heard and respected in general.

I am able to work more emotionally within groups and with myself. I found that my group adapted to what other people had visions for, and what they sought out within the project.



I have fostered a bond with my group. Our connection grew by finding solutions to problems we were facing. We also found that we have a lot of things in common.



LOGISTICS

The Youth Council meets 2~3 times a month virtually at 9:00AM EST (or EDT) on Wednesdays for 90 minutes. All sessions will be held in English.

The next cycle begins January 21st and ends early May.

You will work in Miro, a digital whiteboard and you'll receive Google Calendar invite to the meetings so we expect you to be responsive through email.

COMMITMENTS

Because we wish to maintain the integrity of the Youth Council community we expect that you will commit to attend as many meetings as possible and be present and engaged throughout.

If you're unable to make it to a session, please communicate this at least 3 days before a session to our facilitators.

We're a highly diverse community with people represents a myriad of cultures and backgrounds. For some english isn't their first language. We expect you to engage in inclusive and respectful conduct in all settings.



Apply Today!

You can apply through this [Application Form](#) or use the QR code on the right. We're looking for youth who can represent this work within their contexts and are excited to be part of a growing community! Remember to talk about your own experiences and your future ambitions!

If you have any questions, email laeliacsavl@gmail.com

You can expect to hear back within 10 days!

