

# YOUTH COUNCIL

**READY TO DIVE  
DEEP INTO THE  
COMPASSIONATE  
SYSTEMS  
FRAMEWORK?**

**APPLY HERE!**



CENTER for  
SYSTEMS AWARENESS

## YOUTH COUNCIL

As the Compassionate System Framework continues to awaken practitioners worldwide, we at the Center for Systems Awareness experienced a need to create a space where a group of youth leaders can connect across countries. Many projects with Student Ambassadors worldwide have made a positive change by now, and we want to continue that path!

The Youth Council offers a learning community for youth leaders eager to develop leadership abilities, grow emotional and social literacy, and practice the compassionate systems frameworks.

## WHAT WE DO

The Youth Council has approximately 15-20 youth members from various countries and schools. The council meets **every second Wednesday at 3:30-5:00 pm CET** to develop capacities to show up with compassionate integrity in their lives.

Being a part of the youth council means being a part of a movement where inputs and work are taken into account and help co-shape the future of the Center for Systems Awareness.

Our work focuses on the following three lines of growth; Inner, outer and other.

### Inner development & well-being

- Staying grounded in the face of challenges
- Recognizing one's own emotions and how to deal with them
- Formulating a vision of the future one aspires to create and develop a sense of purpose
- Cultivating one's own well-being as a continuous practice

### Relational competencies

- Engaging in reflective conversations
- Listening deeply to others
- Cultivating compassion for others
- Nurturing generative social fields

### Systems awareness

- Grasping the interconnected nature of life
- Looking for patterns below the flow of events and see how structure shapes behavior
- Recognizing certain archetypes of systems dynamics
- Engaging with complex social issues

## WHY WE DO IT

- Grow the students' capacities and involve them at the heart of projects where sustainable shifts and change can be made.
- Shape a future movement of Compassionate systems students ambassadors
- Respond to and address complex social challenges through the Compassionate Systems Framework.

## APPLICATION PROCESS

**Make sure your calendar allows you to engage every second Wednesday from 3:30-5:00 pm CET.**

Your application must include the following:

- Introducing yourself
- Answer the question; *What makes you want to be a part of the Compassionate Council of Youth?*
- Full name, location and the name of your school

The application can be made in any format you like (e.g., written text, video, drawing, recording). Be creative and enjoy the process!

You can submit your application anytime and expect to hear back within 30 days. New members will be enrolled in either August or January, depending on when the application is submitted.

Submit your applications to:

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gustavboll@systemsawareness.org  
rask@systemsawareness.org  
jjebril@systemsawareness.org



The Youth Leadership Team,  
Rask, Gustav, Jonas & Laura